22 Queen's Road Hethersett Norwich NR9 3DB

Tel: 01603 810498



Headteacher Mr. M. Parslow-Williams

> Assistant Heads Miss. R. Miller Mr. M. Harding

Hethersett VC Primary School

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Dear parents/carers

Unfortunately, your child has sustained a head injury at school today. We have not identified anything of concern but will continue to monitor them for the duration of the day.

Once home, please continue to monitor your child and if any of the symptoms below are present, particularly loss of consciousness (even for a short period of time), you should call an emergency ambulance (999 / 112) or NHS Direct on 111 / 0845 4647

- Lasting headache that gets worse or is still present over six hours after the injury;
- Extreme difficulty in staying awake, or still being sleepy several hours after the
 injury. It is fine to let children go to sleep after a slight bump to the head, but
 you should check on them regularly and make sure you are able to wake
 them.
- Nausea and vomiting several hours after the injury;
- Unconsciousness or coma;
- Unequal pupil size;
- Confusion, feeling lost or dizzy, or difficulty making sense when talking;
- Pale yellow fluid or watery blood, coming from the ears or nose (this suggests a skull fracture);
- Bleeding from the scalp that cannot be quickly stopped;
- Not being able to use part of the body, such as weakness in an arm or leg;
- Difficulty seeing or double vision;
- Slurred speech; and
- Having a seizure or fit.

If you require any further information, please do not hesitate to contact the school for more details.

Regards,

Mr Mame















