



February Newsletter

Dear parents/carers,

It's official, we're halfway through the school year, doesn't time fly! We see how important the partnership between school and home is in supporting children's behaviour. Consistent expectations both in school and at home help children feel secure, make positive choices and treat others with kindness.

We are grateful for the conversations many families are already having around online content, behaviour and respectful interactions. Even small check-ins at home make a big difference to how confidently children manage friendships and challenges during the school day.

Thank you for working with us to ensure our pupils feel safe, supported and ready to learn. Together, we can help them build the positive habits they need now and in the future.

Regards

Mr Williams

In this month's edition of our school newsletter, you can read about:

- World Book Day 2026
- School Uniform
- Staffing
- Music Lessons
- Dinner Money
- Bikes and Scooters
- **Red Nose Day**
- Reminder to Check Details on Compass
- Menu Change
- New Lunch Menu - April 2026
- Norse Recipe of the Month
- Notices
- Diary Dates



World Book Day 2026

We are excited to announce that our school will be celebrating **World Book Day** on **Thursday, 5th March 2026**. As part of the celebration, each class will be engaging in various activities throughout the day to recognise the importance of reading and the love of books.

Additionally, we would like to invite all children and staff to participate in a **dress-up day**, where they can come to school dressed as their favourite character from a book. This is a wonderful opportunity for students to express their love for reading and get creative!

We look forward to seeing all the fantastic costumes and celebrating the magic of books together.

School Uniform

We have recently noticed more children coming to school wearing make-up, nail varnish and non-uniform earrings. Please can we remind you that:

- 1, **Make-up and nail varnish are not allowed** in school.
 - 2, Only **plain gold or silver stud earrings** may be worn
 - 3, Earrings must be **removed or taped for PE** and **cannot be worn for swimming**.
- Please consider this if your child is due to have their ears pierced.

A quick reminder that our school uniform is **blue polo shirt, blue jumper and grey/black trousers, skirts or shorts**, with **black footwear only**. If you need any accommodations or support with school uniform, please speak to your child's class teacher.

Thank you for your support in helping us maintain consistent expectations for all children.

Staffing

On Wednesday 11th March, we will be welcoming Mrs Leanne Thompson to the Hethersett VC Primary School family. Mrs Thompson has been employed as a School Secretary to work alongside Mrs Corina, who will be reducing her hours.

Mrs Corina and Mrs Thompson will work closely together, sharing information etc. to ensure both our parents and children's needs continue to be met.

Please say hello if you see her around, we're sure you will all make her feel very welcome.

Music Lessons

At Hethersett VC Primary School we are pleased to be able to offer our children the opportunity of learning a musical instrument. Alongside the music lessons that take place in class, we are also fortunate to have Mr Dan Adcock visit daily to teach piano, keyboard, guitar and drums. These lessons are private but take place during the school day.

If this is something you would like to explore for your child, please contact Mr Adcock at dadrums12@gmail.com for further information.

Dinner Money

Please can we ask that if your child has a school lunch, you ensure their School Money account is credited with the cost of this meal in advance. This does not apply to children in Reception, Year 1 and Year 2 or children entitled to free school meals.

If you feel you may qualify for free school meals, please see the link below for further information. All applications can be brought into the school office.

[Application for Free School Meals](#)

Bikes and Scooters

Please can we remind parents and children that once on the school site, bicycles and scooters should not be ridden. For the safety of everyone, please be considerate to other users and dismount before entering the grounds.

Thank you.

Red Nose Day 2026

This year for Red Nose Day (Friday 20th March) we are asking children to wear something **RED** to show our support – as we are a cashless school, we ask that parents and families donate directly to the Red Nose Appeal online using the following link - [Donate | Comic Relief](#)

Reminder to Check Compass Details

Following recent, national, high profile safeguarding cases, please can we ask all parents to ensure they have their correct contact details recorded on their child's Compass account.

It's very easy to change phone numbers or email addresses and forget to notify the school. By taking the time to check your details, we can ensure that you will not miss any letters/messages that are sent etc. but also that we can contact you quickly, in the case of an emergency or illness.

Please ensure you provide the details of at least two contacts.

Thank you for taking the time to check.

How do I access Compass?

Compass is accessible on any modern web browser (Internet Explorer, Firefox, Chrome, Safari) or by using the Compass iOS or Android apps (continue reading to learn more about the app including how to use it).

To access the parent portal, you can go to your school's website and click the Compass link on their homepage. Alternatively, you can go to schools.compass.education where you can search for our school's direct URL.

To log in you will require your unique family username and password. These details will be provided to you by our school. Upon first login, you will be required to change your password and confirm your email address and mobile phone number. These details may be used by our school for SMS, password recovery and email communication throughout the year.

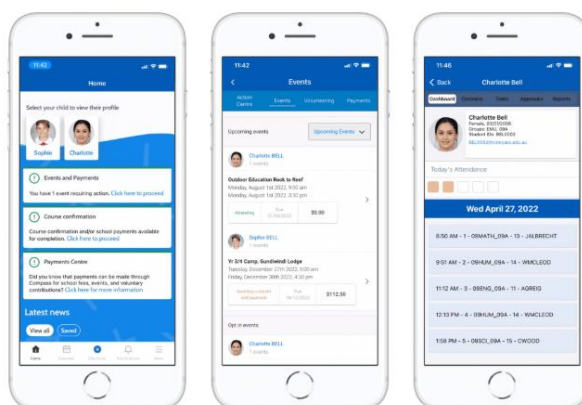


Compass Apps

You can download the Compass App on iOS and Android devices, simply search for Compass School Manager in the store.

Using the app you can:

- View the school news feed
- Receive messages from the school
- View your child's timetable and the school calendar
- View Learning Tasks
- Book parent-teacher conferences
- Add Attendance Notes
- View academic reports



Active Canaries

THE LINE UP!

THURSDAY 19TH MARCH 2026

MENU

Players' Favourite Katsu Chicken Curry
Breaded chicken breast with homemade curried vegetable sauce, steamed rice and a zingy Asian slaw

or

Matchday Loaded Sweet Potato Wedges (v)
Sweet potato wedges loaded with homemade BBQ chickpeas and mixed beans, finished with grated cheese and served with a fresh mixed salad

or

Pasta Power Pot Packed Lunch (v)
'Yellow and Green' pasta salad served with crunchy salad sticks and sultanas

DESSERT

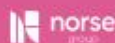
Final Whistle Apple and Cinnamon Crumble Muffin
Soft apple and cinnamon muffin with a golden crumble topping

Strategic partnership | COMMUNITY SPORTS FOUNDATION | Norse group

New Lunch Menu – April 2026

Please be aware that after the Easter Holiday, there will be a new lunchtime menu. Details of this menu can be found at the end of this newsletter. Children who require the Allergen Aware menu, will be sent a copy of their menu before the end of this term.

Norse Recipe of the Month



Iced Sprinkle Cake

This is an 'old school' classic and remains popular with children and adults alike!

Ingredients list

- | | |
|-------------------------|--------------------------|
| 200g Baking Margarine | 1 Tsp Vanilla Flavouring |
| 200g Caster Sugar | 200g Icing Sugar |
| 200g Self-Raising Flour | 4 Tbsp Water |
| 4x Eggs – beaten | 25g Cake Sprinkles |
| 50ml Milk | |

Method

- Place the margarine, caster sugar, self-raising flour, eggs, milk and vanilla flavouring into a large mixing bowl and beat until blended (this is called the all in one method).
- Grease and line a 20cm x 30cm cake tin and pour the mixture in.
- Bake at 180°C for 25-30 minutes, until golden and firm to touch.
- Leave the cake in the tin to cool.
- Make the icing by adding the water to sifted icing sugar until smooth and glossy. Spread the icing carefully over the cake with a palette knife and top with sprinkles.



Free Online Parent & Carer Webinars

Free Online Webinars: Feb - March 2026

Join Our Spring Term Webinar Series!

The PINS Spring Webinar programme offers a series of free, supportive online sessions designed to help families better understand and support neurodiverse children — both at home and in school.

These sessions are part of PINS (Partnerships for Inclusion of Neurodiversity in Schools), a Norfolk programme working alongside families and schools to create inclusive, understanding learning environments for every child.

- ✓ Free to attend
- ✓ Online – join from home
- ✓ Welcoming and practical
- ✓ No diagnosis or prior knowledge needed

When?

Understanding neurodiversity in school

- Social communication and friendships
- Masking and emotional wellbeing
- Behaviour as communication
- Inclusive school cultures
- Working positively with families
- Supportive learning environments

Who is it for?

These sessions are designed to be supportive, practical and understanding. Whether you're just beginning to explore neurodiversity or looking for new ideas, you'll find insight, reassurance and encouragement.

All sessions are free and delivered online via Microsoft Teams. Joining links are attached with QR codes as an option. Join as many sessions as you like — even just one can make a difference.

Session and session title	Date/Time Presenter	Audience	Session detail and Registration link
Session 9. Behind the Mask: Thinking about why children mask and how home and school can work together	26th Feb 1000-1100 Family Action Norfolk	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/Carers 	NORFOLK PINS 2026: Session 9
Session 12. Plan Bee Taster: Understanding and Supporting Neurodivergence at home and at school	3rd March 0930-1100 Family Action Norfolk	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/Carers 	Norfolk PINS 2026: Session 12
Session 14. A Low Demand Approach – Looking at demand anxiety and strategies to help	5th March 1000-1100 Family Action Norfolk	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	NORFOLK PINS 2026: Session 14
Session 17. Plan Bee Taster: Understanding and Supporting Neurodivergence at home and at school	10th March 1530-1700 Family Action Norfolk	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent /Carers 	NORFOLK PINS 2026: Session 17
Session 18. Anger or Anxieties? Thinking about emotional distress and how it can present.	12th March 1000-1100 Family Action Norfolk	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	NORFOLK PINS 2026: Session 18
Session 20. Masking – What It Looks Like, Why It Happens, and How We Can Support (evening)	12th March 1900-2030 Dr Pooky Knightsmith	<ul style="list-style-type: none"> • Governors • SLT • SENDCO • Teachers • Parent/ Carers 	NORFOLK PINS 2026: Session 20

#SNCANCEREVENT
**SOUTH NORFOLK
 CANCER WELLBEING
 EVENT**

Join local cancer charities for a day of support, information, and activities! Local charities are coming together to offer interactive sessions, resources, and engaging activities for those affected by cancer.

**FREE
 TO ATTEND!**



SATURDAY 21ST MARCH



DROP IN FROM 10AM -4PM



CENTRAL HALL, WYMONDHAM

**NO BOOKING REQUIRED!
 FREE FAMILY FRIENDLY ACTIVITIES,
 REFRESHMENTS & WORKSHOPS!**

*COMMUNITY, PREVENTION,
 EDUCATION & SUPPORT*



CRUSADERS RUGBY CLUB

FREE

FOR THE REST OF THE SEASON



— FOR ALL AGES —

FOR MORE INFO PLEASE CONTACT MINIS LEAD DAN:
 DANJRANKIN@GMAIL.COM - 07985014288

Diary Dates

Date	Event
3 Mar	Reception Vision & Hearing Screening Book Look (3.20pm-4.00pm) – opportunity for parents to pop in and see their children's books/work before the Spring Term parents evening.
4 Mar	Reception Vision & Hearing Screening cont.d
5 Mar	World Book Day 2026
9 Mar	Olly Day Roadshow – Year 3 & 4
9-13 Mar	Year 6 Mock SATs Week
11 Mar	Year 1 Strangers Hall Trip
12 Mar	Year 5 Harry Potter Trip
16 Mar	Year 3 Bikeability Training
19 Mar	Change of Lunch Menu – Active Canaries Year 6 Hethersett Academy Performance Year 4 How Hill Reception Class Mother's Day Concert
24 th March	Parents Evening (online).
30 Mar – 10 Apr	Easter Holiday
13 Apr	Inset Day – Children Not In School
16 th April	Parents Evening (online).



Fresh Ideas. Feeding Minds.

Spring/Summer

Menu 2026

Introducing our Spring/Summer School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients.

Did you know?

Our menus are **cooked from fresh** every school day.

All new recipes and products have been **taste-tested** and approved by children.

All sauces are **homemade** and many dishes include **added vegetables** to support healthy diets.

Two desserts a week contain **50% fruit**.

Contact us if you would like to know more about our dishes **or** would like any of our recipes.

Key:

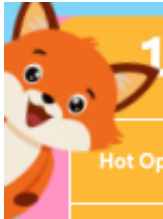
-  Source of protein which helps to keep you strong!
-  Source of fibre which supports your digestive system!

A full allergen list for this menu can be found on our website www.norsecatering.co.uk. Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school.

If you think your child/children may be eligible for a **FREE** school meal visit www.gov.uk/apply-free-school-meals

www.norsecatering.co.uk

Please note the menu may be subject to change to meet local needs.



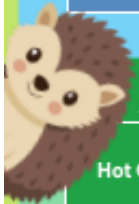
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Chicken in Tomato Sauce with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy ✓	Pork Bolognese with Pasta Twists ★	Chicken Fillet Bites and Chips
Hot Option 2	Chinese-Style Plant Balls with Steamed Rice (Ve) ✓	Cheesy Pasta (v)	Cheese and Potato Pie with Gravy(v)	BBQ Loaded Bean Bake (v)	Garden Vegetable Goujons and Chips ★
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Served with	Mixed Salad	Peas and Sweetcorn ★	Carrots and Green Beans	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Summer Berry Cupcake	Vanilla Ice Cream	Beetroot Brownie with Orange Wedges	Fruit Jelly	Lemon Shortbread with a Melon Wedge
Packed Lunch	Ham, Tuna or Cheese Sandwich, Salad Sticks, Orange Wedges, Summer Berry Cupcake	Ham, Tuna or Cheese Sandwich, Pizza Finger, Sultanas, Vanilla Ice Cream	Cheese and Tomato Pasta, Salad Sticks, Orange Wedges, Beetroot Brownie	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Fruit Jelly	Ham, Tuna or Cheese Sandwich, Salad Sticks, Melon Wedge, Lemon Shortbread

Week One: 13 Apr | 4 May | 1 Jun | 22 Jun | 13 Jul | 14 Sep | 5 Oct — Fresh Fruit Available Daily



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Chicken Curry with Steamed Rice	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	BBQ Shredded Chicken in a Wrap with Potato Wedges ✓	Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Vegetable Curry with Steamed Rice (Ve) ★	Cheese and Tomato Pasta Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v) ★	Vegetarian Enchilada with Potato Wedges (v) ✓	Cheese and Potato Pastry Pinwheel and Chips (v)
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Served with	Sweetcorn ★	Mixed Vegetables	Carrots and Peas	Mixed Salad	Peas or Baked Beans
And for Pudding	Fresh Fruit Platter	Marble Shortbread	Summer Berry and Apple Slice with Greek Yogurt ✓	Orange Cupcake	Apple Flapjack
Packed Lunch	Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Fruit Portion	Ham, Tuna or Cheese Sandwich, Pizza Finger, Orange Wedges, Marble Shortbread	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Summer Berry and Apple Slice	Cheese and Tomato Pasta, Salad Sticks, Fruit Portion, Orange Cupcake	Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Apple Flapjack

Week Two: 20 Apr | 11 May | 8 Jun | 29 Jun | 31 Aug | 21 Sep | 12 Oct — Fresh Fruit Available Daily



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese and Tomato Pasta Bake (v)	Hot Dog with Potato Wedges and Tomato Dip	Roast Chicken with Stuffing, Mashed Potato and Gravy ✓	"Build your Own" Chicken Taco with Steamed Rice	Fish Fingers and Chips
Hot Option 2	Tex Mex Chilli with Steamed Rice (Ve) ✓	Plant Sausage Hot Dog with Potato Wedges and Tomato Dip (v) ★	Vegetable Pastry Plait with Mashed Potato and Gravy (v)	"Build your Own" Vegetarian Taco with Steamed Rice (v)	Cheese and Tomato Frittata and Chips (v)
Jacket Potato	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Served with	Peas and Sweetcorn ★	Mixed Salad	Broccoli and Carrots	Sweetcorn ★	Peas or Baked Beans
And for Pudding	Banana Muffin	Shortbread	Apple Crumble and Greek Yogurt ✓	Oaty Cookie	Chewy Krispie Bar with Orange Wedges
Packed Lunch	Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Banana Muffin	Ham, Tuna or Cheese Sandwich, Salad Sticks, Sultanas, Shortbread	Cheese and Tomato Pasta, Salad Sticks, Melon Wedge, Flapjack	Cheese and Tomato Pasta, Salad Sticks, Sultanas, Oaty Cookie	Ham, Tuna or Cheese Sandwich, Salad Sticks, Orange Wedges, Chewy Krispie Bar

Week Three: 27 Apr | 18 May | 15 Jun | 6 Jul | 7 Sep | 28 Sep | 19 Oct — Fresh Fruit Available Daily

Hethersett VC Primary School empowers its children and their families to flourish and grow. Creativity, compassion, responsibility, the love of learning to gain knowledge and wisdom, combined with Christian values shape our inclusive education.

Together we are stronger, respecting ourselves and others to create a successful and healthy future. Keep your roots deep in him, build your lives on him, and become stronger in your faith, as you were taught. And be filled with thanksgiving. Colossians 2:7