



September Newsletter

Dear parents/carers,

Welcome to the first newsletter of the 2025–2026 academic year.

A warm welcome to all our new families. We hope you and your children are settling into life at Hethersett Primary with ease and enthusiasm. It has been wonderful to see so many smiling faces and positive energy around the school.

To our returning families, welcome back. It has been lovely to reconnect with the children after the summer break and we are happy to see them embracing the new term with such enthusiasm.

The year has started on a strong note with pupils already demonstrating our core school values and vision. We have seen acts of compassion, creativity and responsibility across the school which has been a truly heartwarming start to the year.

As always, the autumn term is a busy one and it tends to fly by. Please take a moment to read through the important updates and reminders in this newsletter. Staying informed helps us all work together to keep our school community safe, happy and thriving.

Regards

Mrs Miami

In this month's edition of our school newsletter, you can read about:

- Welcome
- Compass
- Updates and Contact Details
- Additional Funding
- New Website
- Governor Vacancy
- Dinner Money
- Music Lessons
- Neighbours
- Bicycles & Scooters
- Learn to Swim
- Jewellery & Make Up
- Lost Property
- Diary Dates
- Notices

Welcome

We are now very pleased to share details with you about our new Teaching Assistants who have joined us this term. Miss Dobbs will be working in Year 1, Mrs Atkins will be working in Year 2 and Mrs Minns will be working in Reception. We warmly welcome them to the Hethersett VC Primary School family and we know you will also make them feel very welcome.

We have also recently appointed two further Midday Supervisors. Further details of our new appointees will be shared after completion of all our safeguarding checks.

Compass

Please download and use the **Compass School Manager** app – it's the best way to stay up to date with school life.

Through Compass you can:

- * View end-of-year reports
- * Check attendance information
- * Enter or approve absences
- * Update your contact details
- * Keep up with events and news

Compass can be accessed via our school website [Hethersett VC Primary School - Home](#) or by downloading the app on iOS or Android. On your first login, you'll be asked to change your temporary password and confirm your details. Contact the school office if you need support.

Updates and Contact Details

It's vital we have the correct contact details for all parents and carers. Please let us know if you've recently changed your address, mobile number or email. We may need to reach you quickly in case of emergency.

Also, if your child's health or medication changes, do let us know, it helps us to keep them safe and supported.

Additional Funding of £1515 per Child

Did you know that families who are on a low income, might be eligible for Pupil Premium and Free School Meals?

Even if your child is entitled to Universal Infant Free School Meals, applying might mean you are also eligible for Pupil Premium funding. This will not only attract additional funding of £1515 per child for the school but it will also benefit you to receive discounts on school trips and clubs etc.

Further details and application forms can be found on the school website or by contacting the school office.

New Website

Some of you may have noticed that we now have a new website. We will aim to continue keeping this site up to date so you never miss anything. Please take the time to have a look and let us know your thoughts.

Governor vacancy

We currently have a vacancy for a Parent Governor. If you feel you could offer your support to the Governing Body and help them continue to support the school across all areas, we would love to hear from you. Please follow the link [Application Form for School Governor v3.docx](#) or contact the school office for an application form. We look forward to hearing from you.

Dinner Money

Please can we ask that if your child has a school lunch, you ensure their School Money account is credited with the cost of this meal in advance. This does not apply to children in Reception, Year 1 and Year 2 or children entitled to free school meals.

If you feel you may qualify for free school meals, please see the link below for further information. All applications can be brought into the school office.

[Application for Free School Meals](#)

Music Lessons

We have a few spaces still available if your child would like to learn to play a musical instrument. The instruments available are:

- Drums
- Piano
- Guitar

1:1 and group lessons are available. As we get stuck into a very musical term, we'd love to hear from you! 🎵

To enrol or enquire, please contact: Dan Adcock
Email: dadrums12@gmail.com

Neighbours

Please remind your children to walk carefully to school and not run across neighbours' gardens or driveways. Parents, when parking, we ask that you show care and consideration, especially near the pedestrian entrance on Admiral's Way. Please avoid parking in the cul-de-sac near the gate or blocking any driveways. Thank you for your cooperation.

Bicycles and Scooters

For everyone's safety, please do not ride bikes or scooters inside the school gates. Dismount and push them when entering or leaving school. This also applies to younger siblings on scooters or balance bikes.

Learn to Swim

We have a number of private swim schools hiring our pool each week, teaching both children and adults. Further information and contact details can be found below.

POLLYWIGGLE SWIM SCHOOL

2 spaces available for babies 0-12 months

Monday mornings 11.30 am

Course runs September to December £168.00

Contact: Amanda Howes 07917 697728

info@pollywigglswimschool.co.uk

SEACHELLES SWIM SCHOOL

Monday afternoons between 3:45pm & 5:15pm

Thursday evenings between 5:15pm & 7:15pm

Stages 1-7 (although spaces for stage 1-2 are limited).

From ages 3years upwards.

Contact Michelle 07867361135 or email info@seachellesswimschool.co.uk

social media: Facebook- www.facebook.com/seachellesswimschool or

Instagram @seachelles_swim_School

OCTOBER SPLASHDOWN INTENSIVE SWIMMING COURSES

Make a splash this half term with our October Splashdown Intensive Course – perfect for boosting confidence, developing technique, or giving your swimmer a jump ahead!

🗨️ What's included?

🕒 5 x 30-minute focused lessons

📍 Held at a range of top swimming pools across Norwich

📅 Available during October half term

👤 Suitable for all ages (4+) & abilities – from nervous beginners to advanced improvers

💰🎯👶 very reasonably priced (£45) and small classes (up to 8 children).

Lessons are at Recreation Road Infant school and Heartsease Primary.

Why choose an intensive?

Fast-track progress in just one week

Small group sizes

Experienced, friendly instructors

Great fun – keep the kids active over the break!

🔗 Follow our link to sign up:

<https://form.jotform.com/norwichpenguinslts/penguins-form>

Book now by contacting us on:

Email - norwichpenguinslts@gmail.com

Phone - 01603984949

or Visit - www.norwichpenguins.co.uk

SPLISH SPLASH

Swimming lessons on Mondays from 5.15pm at Hethersett Primary School. Experienced instructor with nearly 30 years experience. The 30 minute classes are grouped by ability. Instructor will be in the water with the children in beginners classes. All equipment provided except hat and goggles.

Cost £8 per lesson – payable termly.

CONTACT SUZIE ON 07810 300066, OR EMAIL suzie.1980@live.co.uk.

Jewellery and Make-Up

Children should not wear jewellery to school, this includes rings, bracelets, necklaces and wristbands. Plain gold or silver stud earrings are allowed, as are watches (worn at their own risk). Earrings must be removed or taped for PE and cannot be worn for swimming. Please keep this in mind if your child is planning to have their ears pierced.

Make-up, including nail varnish, is not permitted.

Lost property

We've noticed lost property piling up again... everything from coats and jumpers to lunch boxes, water bottles and hats. When items are *named*, we can quickly return them to your child. When they're not, they end up in the growing mountain of unclaimed things. At the end of each half term, anything still left is either passed to our PTA for resale in the second-hand uniform store or donated to a local charity shop/clothing bank.

Please make sure ALL items are clearly labelled.

**HETHERSETT
VC PRIMARY
SCHOOL**
Reception Intake 2026

Open Events:
6pm - 7pm
Tuesday 18th November
Thursday 4th December

Contact school office to book your place.

HETHERSETT VC PRIMARY SCHOOL

Join us !!

Hethersett VC Primary School
www.hethersettvcprimary.co.uk
office@hetersettprimary.co.uk 01603 810498

Diary Dates

| Date | Event |
|--|--|
| 6 th Oct | Year 2 Cathedral Trip |
| 20 th Oct | Reception – What I want to Be When I'm Older |
| 4 th Nov | Individual & Sibling Photographs |
| 13 th Nov | Year 6 National Child Measurement Programme |
| 14 th Nov | Flu Immunisation – all pupils |
| 18 th Nov | Reception 2026 Intake Open Evening |
| 2 nd Dec | Flu Immunisation – remaining pupils |
| 4 th Dec | Reception 2026 Intake Open Evening |
| 8 th Dec | Hethersett Schools Carol Concert |
| 12 th Dec | Hippodrome Circus – Year 3,4, 5 & 6 |
| 22 nd Dec 2 nd Jan | School Holidays |
| 5 th Jan | Inset Day – Children not in School |
| 6 th Jan | Spring Term Begins |

Hethersett VC Primary School empowers its children and their families to flourish and grow. Creativity, compassion, responsibility, the love of learning to gain knowledge and wisdom, combined with Christian values shape our inclusive education. Together we are stronger, respecting ourselves and others to create a successful and healthy future. Keep your roots deep in him, build your lives on him, and become stronger in your faith, as you were taught. And be filled with thanksgiving. Colossians 2:7



flu: 5 reasons to vaccinate your child



- 1. Protect your child**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit www.nhs.uk/child-flu

Flu **Immisation**
Helping to protect children, every winter

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4 pm to 6 pm on
Saturday 4 October

Where: St Remigius Church, Hethersett

Children need to bring a parent or guardian

For further details contact:
Sue on 01953 607719

Facebook page: Messy Church, Hethersett







HOLIDAY CLUBS
HC

PREMIER HOLIDAY CLUBS

MORE fun, MORE friendships, MORE smiles
during the **OCTOBER HALF-TERM!**

Book today
premier-education.com

Premier Education

Excellent
★★★★★
★ Trustpilot



SPECIAL OFFER 50% OFF

SWIMMING LESSONS
3 MONTHS TO SCHOOL AGE

ONE TERM ONLY
SEPTEMBER 2025 TO DECEMBER 2025

FRIDAY AFTERNOON
HETHERSETT PRIMARY SCHOOL

BOOK A PLACE QUOTE SWIM50


kathy.swimming@live.co.uk
Mobile 07775 998561

Serves **4**

norse group

Sweet Potato and Lentil Curry

A tasty recipe that is both filling and nutritious!



Ingredients list

- 200g Red Lentils
- 600ml Water
- 750g Sweet Potato – diced
- 1x Onion – diced
- 10ml Vegetable Oil
- 20g Curry Powder
- 1x Garlic Clove – crushed
- 5g Ground Ginger
- 1x Tin of Chopped Tomatoes
- 1 Tbsp Tomato Puree
- 50g Frozen Spinach (optional)

Method

1. Cook the lentils as per packet instructions using the water. Drain well and set aside.
2. In a saucepan, heat the oil and cook the diced onions and sweet potato until soft.
3. Add the crushed garlic, ground ginger and curry powder to the onion and sweet potato and cook for 2 minutes.
4. Add the tomato puree and chopped tomatoes and simmer for 10-15 minutes, until the sauce has thickened.
5. Add the cooked lentils and frozen spinach and simmer for a further 5 minutes, until the vegetables are soft.

Delicious served with steamed rice and naan bread!